



The International School
of Choueifat - Lahore



Newsletter

Term 1 issue | 2019 - 2020



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Features



USEFP Education Expo

The International School of Choueifat – Lahore participated in Networking Hi-Tea (Reverse College Fair) at the South Asia Tour (Fall 2019) arranged by the United States Education Foundation, Pakistan at The Pearl Continental Hotel, Lahore.

ISC-Lahore Goes Green for a Better Pakistan

The International School of Choueifat – Lahore has installed the first stage of their solar energy project here at the school with the services of Premier Energy (Pvt) Ltd.



The Aqua Boy!

It's five in the morning and I walk onto the pool deck for the ordeal: kicks, flips, sets, yards, muscles burning, lungs screaming! I push against the pool wall and surge forward! Every day I practice for two hours and in the end the entire ordeal is worth it.

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Director, ISC-Lahore
- Mr. Nathan Lee Deeney
SLC, Head of Department
- Ms. Rizwana Imtiaz
Head, English Department
- Ms. Aruba Shabkhez
Assistant, University Adviser
- Mrs. Fariyal Barque
Coordinator, Grades 2-4
- Muhammad Sheis Hussain, 10B
- Sammayya Sohail, 10A
- Kainaat Saeed, 11B

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<https://www.facebook.com/The-International-School-of-Choueifat-Lahore-733413470076636/>



A very warm welcome to the new colleagues who have joined our ISC-Lahore Family. We look forward to seeing you grow and become a valuable asset for our institution.



Mr. Ammar Ali
Head of Pakistan Studies and Islamiyat Department



Ms. Aliya Noreen
Mathematics Teacher



Mr. Ahmer Qayyum
English Teacher



Mr. Mamoon Azam
Primary School Supervisor



Ms. Sahar Fatima
Pakistan Studies and Islamiyat Teacher

Academic Events

Brandeis University – Pre College App Design Program

In the summer of 2019, I participated in a pre-college app design program at Brandeis University in Boston, Massachusetts, USA. This was essentially a two-week course with a university computer science professor. While most of the 18 participants were Americans, there were others from places such as South Korea and India. For the whole program, we got a full on-campus experience. This included living in pairs in the dorm rooms, eating meals in the cafeteria, and having access to a variety of campus facilities, such as a world-class lab equipped with 3D printers as well as virtual and augmented reality technology.

We spent the first few days getting to know each other. Many team building activities were organized to facilitate that. After that, we split into three groups of six members. By this time, we were well acquainted with each other. The goal was for each team to think of a major worldwide problem, and try to design an app to try to fix it. We decided on bridging the gaps between people of different backgrounds through a social networking app called "Pair", which allows someone to discuss their interests with other people from all over the world.

Once the teams were finalized, the real fun began. Every day, we had a total of 6 to 8 hours of class, of which only a small part was dedicated to teaching. The rest of the time was used to actually do the programming. Within our team, we gave ourselves daily goals to try to complete. This proved to be very effective, and soon we were working with precision and speed. Along the way, we had other practice presentations as well as classes about "the art of the pitch".

The program reached its conclusion with a trip to the Google office in Cambridge, Massachusetts, where we presented our app to a few Google employees. First, they gave us a half an hour tour of the building. Each floor had a unique theme, and everything was designed accordingly. For example, the "video game" floor had posters of famous games all over the walls, and every room was named after iconic games. After that, they led us to the presentation room. Each team had about 10 minutes to present their apps, including a live demo. After each presentation, they asked questions and gave feedback.

Even though this whole experience seemed daunting at first, all my fears were soon erased. From day one, I felt right at home, surrounded by people who later became good friends. I learned many valuable lessons from this trip that will stay with me for the rest of my life. On top of that, I got an idea about what college life is like. My advice for anyone who gets an opportunity like this would be to not hesitate to take it.

Ahsen Malik, 11A



Creative Minds at Work

On September 28th, 2019, middle and high school students of ISC-Lahore stepped out of reality into a new realm, inspired by their mental meanderings. Creative Writing competition was held for grades 3-12. Forty students expressed their ideas and thoughts in imaginative and creative nonfiction. As Robert Frost once said, "No tears in the writer, no tears in the reader. No surprise in the writer, no surprise in the reader."

Ms. Rizwana Imtiaz
Head of English and History Department



Proud Moment for ISC-Lahore!

Our student Ahsen Malik of Grade 11 took part in the 4th Annual Education USA Creative Writing Competition which took part in July 2019. Although he was not amongst the top three winners, he was invited to the awards ceremony where he gained an honorable mention and as such, was awarded a certificate by Jared Yancey, Public Affairs Officer at the US Consulate in Lahore. The judges were impressed with the "caliber" of his writing and the "originality" of the story.

Ahsen is also a member of the EducationUSA USEFP Competitive Colleges Club. Dr. Greg and I nominated him last year, and he was selected by EducationUSA to join other high achievers from around Lahore to gain experience, advice, information, and insight into applying to competitive colleges in the USA.

Ms. Fozia Arshad
University Adviser



USEFP Education Expo

The International School of Choueifat – Lahore participated in Networking Hi-Tea (Reverse College Fair) at the South Asia Tour (Fall 2019) arranged by the United States Education Foundation, Pakistan at The Pearl Continental Hotel, Lahore. Representatives from top-notch international universities visited our stall and discussed collaboration. ISC-Lahore was represented by Ms. Fozia Arshad (Head of Advising Department) at the event.

Mr. Syed Moazzam Ali
Head, Marketing & Admissions Administration



Congratulations to External Examinations High Achievers!

Well done to Samra Shahid Goraya (Grade 11) for her outstanding performance in IGCSE Foreign Language French exam. She obtained the distinction of "Top in Pakistan" and was awarded with a High Achiever Certificate by the British Council, Pakistan.

Regarding AP® exams, the highest grades were achieved in AP® Psychology - 12 students got 5s and 8 students got 4s. The ISC-Lahore community is very proud of our students and we wish them all the best in their future endeavors as well as further success and achievements!

Dr. Gregory Kuchta
High School Academic Quality Controller

Cambridge International
is delighted to announce
the winners
of the Outstanding Cambridge
Learner Awards,
in Punjab, Pakistan
Foreign Language French
SAMRA SHAHID GORAYA
(TOP IN PAKISTAN)

Non-Academic Events

Back to School



Theme of the Year: Leadership with a Focus

SLO® Year of Mobilizing SLO® for Extraordinary Achievements



Zoya Mumtaz Mir - Head Prefect

My name is Zoya Mir .I study in Grade 12 and I am the Head Prefect of the SLO® this year. Throughout high school I've performed the duties as Head of Activities and Outreach Departments - however, the SLO® has been a significant part of my life since around fifth grade. Looking up to my predecessors and constantly being inspired by their unwavering dedication to student life pushed me to get involved in it. The leadership team for this year is very well-rounded and capable, and being recognized within this group of individuals feels like a huge responsibility, but a wonderful opportunity nonetheless. This year, I hope to improve communication between the students and the leadership so we can understand their concerns more thoroughly and create a more comfortable environment in the SLO®.



Ahsen Malik - Deputy Head Academic Department

My name is Ahsen Malik, and I am the head of the Academics Department in the SLO®. Being made the head was an honor, and at the same time a huge responsibility. The department's main goal is to make sure that all students are at the level they need to be. As head, my duty is to organize study sessions and to stay in touch with teachers and supervisors so I can know if anyone needs any extra help. My goal for this year is to motivate students to attend study sessions, as well as to ensure that they are actually benefiting from them, and are able to achieve academic success.



Osaed Chundrigar - Deputy Head Discipline Department

Hello, my name is Osaed Chundrigar. I've been in Choueifat for over 8 years and I participated in the SLO® here and there but only as of last year I really started to take part in the SLO® and I think this was the best decision I've made in my student life. I started off just running around asking people if they needed help with anything. After a year of rigorous yet worthwhile training they named me deputy head of discipline. I am exhilarated to have this opportunity. I have a vision for this school, for example, to try to make this into a bullying free school and make classes non-disruptive.



Manal Effendi - Deputy Head of Discipline Department

My SLO® journey started in Grade 8 when I first joined ISC-Lahore. I started off by becoming a Shadow Teacher® then an everyday prefect. Slowly, with the help of the SLO®, I worked my way up to senior prefect and then, finally, deputy head prefect. When I was first named Deputy Head of Discipline, I felt a sense of responsibility and pride as the hard work throughout the years had paid off. I would like to enforce a new meaning to the Discipline Department by working with the students instead of working against them and make enforcing the rules a little more fun.



Zenas Yousaf - Deputy Head of Management Department

I am the Deputy Head of the Management Department. When I was first appointed deputy head, I felt greatly honored. My SLO[®] journey started after I participated in the SABIS[®] STARS competition. It helped me increase my confidence level and unlock a new set of skills that has aided me through my SLO[®] journey so far. I aim to greatly improve the Management Department by developing a strong team of skilled prefects and training them frequently.



Ahmed Haroon - Deputy Head of Sports and Health Department

To participate in and contribute to the Sports and Health Department has always been one of my favorite activities at ISC-Lahore. Being the deputy head of this department is a great honor and responsibility for me. I intend to take this prestigious department to new heights of excellence.



Faraaz Arshad - Deputy Head of Activities Department

My SLO[®] journey started about 3 or 4 years ago. From the day I started I had always been intrigued by how accommodating the SLO[®] was to the interest of students of all grades. Like most students my work in the SLO[®] began with simple tasks like looking after display boards around the school and classroom announcements but becoming a senior prefect for sports in Grade 11 was when I really began to take an interest in the SLO[®]. The pinnacle of my time in the SLO[®] came when I represented the school at the SLTC and was announced deputy head of activities this year. My intentions for the department this year are to continue to engage all students by diversifying all the activities that we are going to hold this academic year.



Maya Omar Choudhry - Deputy Head of Outreach Department

I have always enjoyed being an active member of the SLO[®] because it means my voice matters and that I as an individual can make a difference in my school. I cannot even describe how I felt when I was selected for this important leadership role. I think it was total exhilaration followed by the fact that I had a very exciting and busy year ahead. No leader or deputy head can work alone, and I have an amazing team by my side of other outreach prefects. In life, I have learnt that true happiness comes from giving. Helping others and reaching out to others helps evaluate who you are and allows one to understand the spirit of compassion. Being able to help our students is a privilege and our top priority. The late Maya Angelou once said, "Try to be a rainbow in someone's cloud", so the outreach tries to promote just that with great zeal and positivity.



Aalia Pervaiz Meer - Deputy Head of Lower School Department

My name is Aalia Pervaiz Meer. I am the Deputy Head of the lower school department this year. I first joined the SABIS[®] system a little over 3 years ago in ISC-Muscat and transferred to ISC-Lahore just last year. The SLO[®] has been a substantial part of my school life from the beginning of my time here. I started out as a prefect for the academic, discipline, and outreach departments and last year I was the head of recycling. I've had quite the experience having been in a variety of departments: from tutoring students in my breaks and on weekends to greeting students and staff every morning to implementing recycling measures. Throughout my time with the SLO[®] I've both grown as a person and gained confidence. Upon finding out I was part of the leadership team I was truly in denial. I had always admired my friends who were in the leadership team and their efforts to make the school a better and more enjoyable place. For the lower school department if I am unable to do anything else, I hope to make the SLO[®] effective on the junior side and get the students involved with the SLO[®] and train them to be the future leadership candidates of ISC-Lahore.



Serena Goraya - Deputy Head of Social Responsibility Department

I remember when I started working in the SLO® as a sixth grader. It gave me a sense of responsibility and motivated me to be ever so determined to make my school a better place. I committed 5 years ago, and have not stopped since. After a long period of hard work, I was first senior prefect of Outreach last year, and this year, deputy head of Social Responsibility. I was overjoyed since I'm extremely passionate about the environment. I hope to raise a strong sense of awareness about climate change, animal welfare, and the education of the underprivileged. The time to act about all of these important issues is now, and I hope to make sure my department, and my school is doing what they can to fulfill their social responsibilities.

Mr. Nathan Lee Deeney
Student Life Coordinator
SABIS Student Life Organization®

The Roald Dahl Day!



Roald Dahl was a British novelist, short story writer, poet, and a screen-writer who published 19 books for children over the course of his career. September 13 was the Roald Dahl day, an unofficial holiday to honor the writer who wrote many of our children's beloved stories. Some of his renowned works include "Charlie and the Chocolate Factory", "Witches, Matilda, BFG", and "James and the Giant Peach". To celebrate, the SLO® worked hand in hand with teachers to decorate the corridors of grades 2-4 and 5-6. The grade 2-4 floor was decorated with the "Witches" theme in mind and the 5-6 floor with "Charlie and the Chocolate Factory". To set the mood, teachers wore witches hats and treats were distributed to students. On the whole, it was an exciting and enjoyable day for all.

Aalia Pervaiz Meer, 10B

Staff Dinner

"Staff appreciation dinner was an evening with the finest people, lavish ambience, and succulent food. It was gratifying and will always be remembered."

Mrs. Iman Farooq



"Staff appreciation dinner was a beautiful evening that reunited the ISC-Lahore family to rejoice together once again. It stirred the confidence and motivation in us to welcome new challenges and to aim for better future."

Mrs. Atira Khurram



"An evening filled with smiles, laughter, and entertainment. A great way to gear us up with positive spirits for AY 1920."

Mrs. Sabahat Khan



“Everyone wants to feel appreciated, and the Annual Dinner for the staff members is a great way to celebrate the successes of individual staff members and teams.”

Mrs. Nabila Zeeshan

“Staff Dinner is the most awaited event every year. It is always fun to be with the ISC-Lahore family, when we celebrate, sing, and enjoy, making every moment cherishable.”

Ms. Nida Nayyar



“It’s always a pleasure attending the annual Staff Dinner at ISC-Lahore. This year live, soothing music, the elaborate meal, and a great ambience at the grand Nishat Hotel was mesmerizing. What a great way to kick start a new academic year!

Mrs. Fariyal Barque

Taekwondo

One of the most systematic and scientific Korean Martial arts is Taekwondo which develops much more than mere physical fighting skills.

Taekwondo means the right way of using Tae and Kwon that is fist and feet. So Taekwondo means the right way of using all parts of the body to stop a fight and help to build a better and more peaceful world.

The International School of Choueifat – Lahore has taken an initiative to start an after-school Taekwondo club for grades 3 to 9. After a successful session of training, students passed their First Belt Promotion test conducted by Pakistan Taekwondo Academy which is registered under P.T.F (Pakistan Taekwondo Federation).

All of our students were successfully promoted to the Yellow Belt Category.

Mr. Abid Majeed
Senior Supervisor and Taekwondo Coach





Alumni & Seniors Clash in the Futsal Tournament 2019

The highly anticipated annual SLO® Alumni / Seniors Futsal Tournament took place this year in mid-September in a week-long event arranged by the Sports and Health Department.

As always the competition was fierce and a great spectacle for all students and staff. We would like to thank all the players who took part and made it so memorable. We also appreciate the hard work of the prefects who made sure it ran as smoothly as possible.

The final was followed by an exhibition match between staff members and the current Grade 12 students which saw the staff members record a 2-0 score line.

The final that was held on Friday, September 20th, was an intense encounter between the past two champions, Oompa Loompas and Beasts, both teams deservedly making it to the final in style. On that day the Beasts were victorious with a 4-1 score line.

Ahmed Haroon, 12B



ISC-Lahore Goes Green for a Better Pakistan

The International School of Choueifat – Lahore has installed the first stage of their solar energy project here at the school with the services of Premier Energy (Pvt) Ltd.

Premier Energy is part of Premier Group UK which is an alternative energy solution providing company with a vast network spread across the United Kingdom, Hong Kong, China, Thailand, UAE, and Pakistan. They provide Solar Energy, LED Lighting, Wind Energy, and Bio-Gas as the areas of expertise; Premier provides international standard energy solutions to corporate and domestic clients in Europe as well as in Pakistan.



“Solar is simply better for the environment”

Electricity is one way to power our school that benefits the environment. There are no direct greenhouse gas emissions because the electricity is made from sunlight rather than burning fossil fuels. Sunlight is a renewable energy source, meaning we will never run out of it. Coal and gas are fossil fuels and will eventually run out.

Here in Pakistan there’s plenty of sunshine all year round, meaning that there will be an abundance of energy created here at the school all year. Our solar panels that are on our roof now convert sunlight into electricity cleanly and quietly.

Another major benefit going solar is that the school can now do its part in helping the load shedding problem in Lahore by selling back any unused power back to the grid.

The first stage has now been completed and has seen the installation of 128kW solar capacity solar plant with stage 2 to begin early next year.

Mr. Nathan Lee Deeney
Student Life Coordinator
SABIS Student Life Organization®

The Aqua Boy!

It’s five in the morning and I walk onto the pool deck for the ordeal: kicks, flips, sets, yards, muscles burning, lungs screaming! I push against the pool wall and surge forward! Every day I practice for two hours and in the end the entire ordeal is worth it. This is the exhilarating sport called swimming. The moment when I beat someone by the tenth of a second is incomparable! Thanks to ISC-Lahore, I was able to discover myself and my talent. That’s why I have been able to achieve my goals. I have won many swimming competitions since the age of 10 and some of my outstanding achievements are as follows:

5 Golds and best swimmer trophy	Under 10	Punjab district swimming competition 2014
6 Golds and best swimmer trophy	Under 12	All Pakistan inter-school swimming competition 2016
2 Golds, 1 Silver and 2 Bronzes	Under 12	National boys swimming competition 2016
3 Golds and 2 Silvers	Under 14	Punjab district swimming competition 2017
1 Silvers and 2 bronzes	Under 14	National boys’ swimming competition 2018
1 Gold and 3 bronze	Under 14	Mc-Donald inter-schools swimming competition 2018
2 Golds and 4 Silvers	Under 16	National swimming competition 2019

Abdullah Ashfaq, 10A



Google's Workshop on Public Speaking

The International School of Choueifat – Lahore collaborated with Startup Grind powered by Google for Entrepreneurs in collaboration with Women TechMakers for Public Speaking Workshop 2019 presented by Zong in association with Google Developer Group.

Ms. Margo A. Aziz (Director, The International School of Choueifat – Lahore) was invited as a panelist to speak on "what essential things to be kept in mind while doing jobs as women"

Mr. Syed Moazzam Ali
Head, Marketing and Admissions Administration



100 Best Performing CEOs, Leaders, and Companies of Pakistan 2019

Ms. Margo A. Aziz (Director, The International School of Choueifat – Lahore) was presented with "100 Best Performing CEOs, Leaders, and Companies of Pakistan 2019" a book by the Governor of the Punjab-Chaudhry Muhammad Sarwar and Chairman, Joint Chiefs of Staff Committee-General Zubair Mahmood Hayat, NI (M) at the "Eighteen CEO Summit Asia 2019 & Best-Selling Book Launch" arranged by Mr. Ijaz Nisar (CEO-Management House).

Mr. Syed Moazzam Ali
Head, Marketing & Admissions Administration



Empowering Women Leadership and Role of Media

A powerful presentation was given by Ms. Margo A. Aziz (Director, The International School of Choueifat – Lahore) on "Empowering Women Leadership and Role of Media" at Comsats University, Lahore (June 11th, 2019) which is a very important topic for future leaders. We are grateful to Mr. Sohail Riaz Raja (HOD Media Studies-Comsats) and Prof. Dr. Qaiser Abbas (Director-Comsats Lahore Campus) for the great initiative.

Mr. Syed Moazzam Ali
Head, Marketing & Admissions Administration



7th Pak China Business Forum Industrial Expo 2019

The 7th Pak China Business Forum Industrial Expo 2019 was scheduled on September 2nd-4th, 2019 at the Expo Center Johar Town. This industrial expo was organized by COMSATS University Lahore for a B2B community. The International School of Choueifat – Lahore was represented by Ms. Margo A. Aziz (Director, ISC-Lahore) at the Inaugural Ceremony, Panel discussions and MOU Signing ceremony.

Mr. Syed Moazzam Ali
Head, Marketing & Admissions Administration



Orientation Week

In keeping with the SABIS® mission of providing “Education for a changing world”, a series of professional development workshops were conducted at the beginning of the academic year 19-20. Aiming to reinforce the corner stones of SABIS® teaching methodology, in-house workshops were held by veteran teachers on classroom management, SABIS Point System®, the role of Shadow Teachers®, and the importance of collaboration.

The forum was opened with the welcome address by the school director Ms. Margo Abdel Aziz who shared highlights from the SABIS® global leadership conference held in Kiev, Ukraine. Ms. Margo reiterated the SABIS® objectives emphasizing the SABIS® core purpose which is to help all students achieve their full potential through the implementation of the SABIS® Educational System™.

In addition to the teachers, experts from various walks of life took part in bringing awareness among the ISC-Lahore community. Dr. Ahmad Uzair Qureshi demonstrated the importance of CPR in case of a medical emergency, while Ms. Ambreen Gul shared her views about drug awareness and protection.

The participants included not only teaching faculty but also the administrative staff as well as the supervisors. With hands-on activities, slide shows, and Q/A sessions, the interactive workshops helped both veteran and novice teachers to nurture their teaching skills and become efficient members of the ISC-Lahore community.

Ms. Rizwana Imtiaz
Head of English and History Department



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